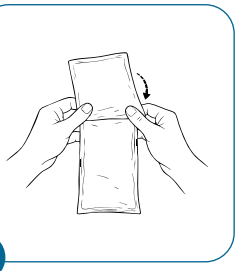
Perineal Instant Cold Pack

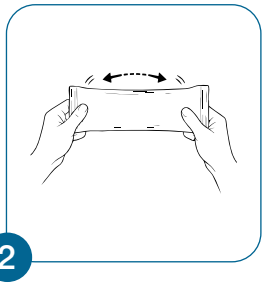
Application in four easy steps



1

Fold the Pack

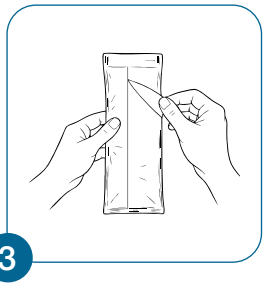
Fold the pack in half top to bottom until a pop is heard.



2

Shake Content

Shake the pack gently for a few seconds so the contents mix inside.



3

Peel the Strip

Peel the strip and use the attached tape to hold the pack firmly in place.



4

Place the Pack

Slide the cold pack into the underwear and place it at the center.

Disposal after single use:
Single-use. Applies to Medzah Perineal Instant Cold Pack, Item Number: SAM-4000.

Contents:
Calcium ammonium nitrate and water.

Caution:
External use only.

Storage and Handling:
Store at room temperature. Keep away from extreme temperatures.

Important Use Information:
Combines instant cold therapy with absorbent OB-pad functionality for postpartum care. The fold-to-activate design breaks the internal water pouch to initiate cooling, allowing the pack to be applied externally to the area of discomfort without prior refrigeration. Absorbent construction helps manage fluid and reduce leakage during use.

medzah.com

Scan for product details